



Parvathi Pokala DDS & Associates

www.pediatricdentistrysandiego.com

8031 Linda Vista Road, Suite 200
San Diego, CA 92111
858-278-8700

DENTAL EMERGENCIES

Existing Patients May Contact Our Office at 858-278-8700

Baby tooth knocked out:

- Do NOT insert tooth back into socket.
- Contact our office immediately for evaluation and treatment.

Permanent tooth knocked out:

- Hold the tooth by its crown (never the root) and rinse it gently in cool water.
- Try to reinsert it in the socket immediately and hold it there with clean gauze or a washcloth. If you cannot put the tooth back in the socket, place it in a clean container with cold milk.
- Contact our office immediately for evaluation and treatment.

Baby tooth or Permanent tooth pushed out of place:

- Try to reposition the tooth back to its normal position with finger pressure.
- Hold the tooth in place with a tissue or gauze if it is very loose.
- Call our office to make an appointment for evaluation.

Tooth is chipped or fractured:

- Find the broken tooth fragment, place in cold milk or water.
- Contact our office immediately for evaluation and treatment.

Toothache:

- Over-the-counter children's pain medication (dosage according to your child's weight and age) may help relieve the pain.
- Contact our office immediately for evaluation and treatment.

Blow to the head, face or jaw:

Call 911 immediately.

Your child needs immediate medical attention.
A severe head injury can be life threatening.

Prevention of dental injuries:

- Make sure your child wears protective gear such as a mouth guard for all sports.
- Always use a car seat for young children.
- Childproof your home to prevent falls and electrical injuries.